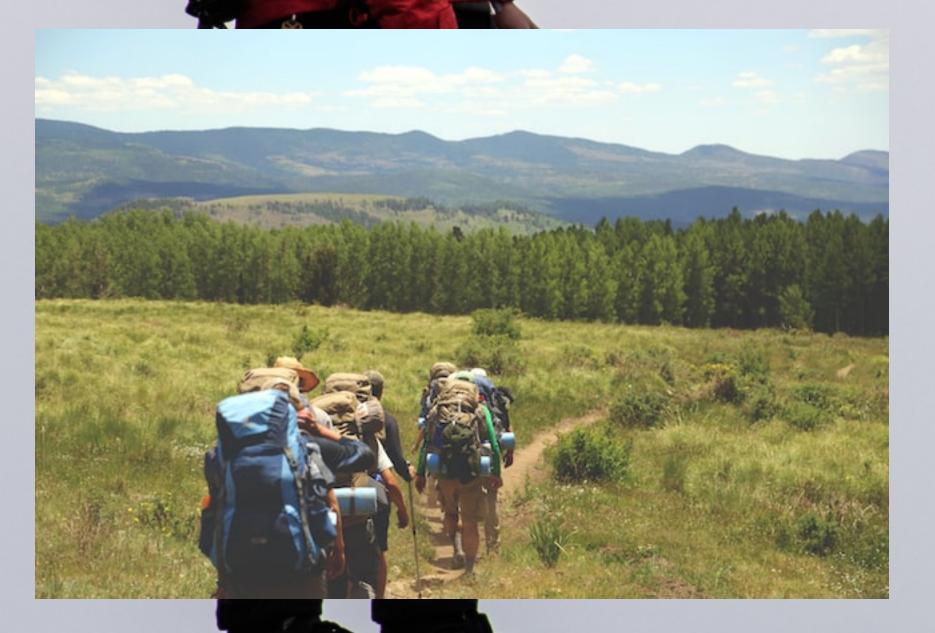
## Seize the Day

Tuesday Wednesday Thursday Friday

**MONDAY Motivation** 

Hiking Quotes

"It is not the mountain we conquer, but ourselves."



My favourite places to hike are San Diego and Maui. I especially love it when its sunny.

By Cole Beim MAT125

